

## An interdisciplinary means to the management of complex dental conditions

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### Abstract

Management of complex cases is a painstaking process based on problem-oriented treatment planning. Executing this plan with proficiency dictates the effective collaboration between various dental disciplines. This case illustrates the detailed management of a 27-year-old Saudi male patient with high caries risk factors. Other distinct findings include; missing, carious, super-erupted teeth and several substandard root canal treatments.

### Introduction

The success of functional and esthetic restorations in a case requiring full mouth rehabilitation is often dependent on our understanding of interdisciplinary concepts. With every patient being unique and representing a special blend of age, personality characteristics as well as expectations, our knowledge of interdisciplinary concepts can open a whole range of treatment options and outcomes. Today, every dental practitioner must have a thorough knowledge of the roles of these disciplines in producing an esthetic makeover, with the most conservative and biologically- sound interdisciplinary treatment plan. The aim is to provide an organized and systematic approach to optimize diagnostic, treatment planning and resolve esthetic and functional problems in provisional, which is an essential blue print to the final restorative treatment.

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