

Acoustic microscopy: latest developments and applications

Scanning acoustic microscopy (SAM) introduced a new form of contrast that is based on the mechanical properties of what is imaged. For bone, cartilage, tendon and cardiovascular tissues, micro-acoustic properties provided important information on biomechanical properties. Biomechanics of these tissues are especially important for assessing the pathophysiology. Cells are considered to consist of visco-elastic materials and SAM is capable of imaging information on viscosity by attenuation and information on elasticity by sound speed. Recent developments such as ultrasound impedance microscopy, 3D ultrasound microscopy and high frequency array transducer may realize a clinically applicable SAM in the near future.

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The resolution of ultrasound imaging depends on the ultrasonic frequency because the wavelength and beam width are inversely proportional to the frequency:

$$\lambda = \frac{c}{f}$$
$$BD = \frac{1.02Fc}{fD}$$

where λ : wavelength; *BD*: beam width; *c*: sound speed; *D*: diameter of transducer; *f*: frequency of ultrasound; *F*: focal length.

In clinical settings, several MHz-range ultrasound is used in abdominal echography and echocardiography. A 7.5–13-MHz ultrasound is applied for observation of carotid artery and muscles, a 20–45-MHz ultrasound is applied for intravascular ultrasound (IVUS) and a 60-MHz ultrasound is applied for ophthalmology. Trade-off between resolution and penetration depth should be considered in the selection of the frequency. In our experience, the penetration depth of 100-MHz ultrasound effective for image processing is 3–5 mm. Thus, high-frequency ultrasound was applicable to observe near field objects.

Optics has been available in the world of microscopy for many years. However, its target is restricted to largely transparent media. Sokolov in the former Soviet Union first proposed the concept of an 'ultrasonic microscope' in order to visualize opaque media in 1949 [1]. Sokolov pointed out that the wavelength of 3-GHz ultrasound in water was the same as the wavelength of green light in air. At that time, however, the technologies to produce 3-GHz ultrasound did not exist. In 1959, Dunn and Fry at University of Illinois (IL, USA) developed an 'ultrasonic absorption microscope method' with 12-MHz ultrasound [2]. During the 1970s, high-frequency techniques were developed for the microwave technology for radar and for satellite communications. In 1973, Quate and Lemons at Stanford University (CA, USA) developed a scanning acoustic microscope (SAM) [3], the basic design of which is now used in the biomedical field.

Scanning acoustic microscope was first used biomedically in the early phase of acoustic microscopy history. SAM introduced a new form of contrast that is based on the mechanical properties of what is imaged. There are three unique features of SAM compared with other microscopy, such as optical, electron and atomic force. First, SAM can be applied for easy and simple histopathological examinations because it does not require special staining techniques as the contrast observed in SAM images is dependent on the acoustic properties (i.e., density, stiffness and attenuation) and on the topographic contour of the tissue.

Second, microscopic acoustic properties obtained with high-frequency ultrasound can be used for assessing echo intensity and texture in clinical echography with lower frequency ultrasound. Density, ρ , and sound speed, c, determine the characteristic acoustic impedance, Z, of the material as:

On the assumption that the interface between two fluid-like media is infinite and plane, the relative reflected sound power, in dB, can be **Yoshifumi Saijo** Biomedical Imaging Laboratory, Graduate School oj Biomedical Engineering, Tohoku University, Sendai, Japan Tel.: +81 22 717 8514; Fax: +81 22 795 5882; saijo@idac.tohoku.ac.jp



 $z = \rho c$

determined by the specific acoustic impedance of each medium as:

$$dB = 10\log_{10} \frac{P_r}{P_i} = 10\log_{10} \frac{(Z_a - Z_b)^2}{(Z_a + Z_b)^2}$$

where P_r ; sound power reflected at interface; P_i : incident sound power; Z_a : acoustic impedance of medium a; Z_b : acoustic impedance of medium b.

Third, SAM data can be used as the basic data for assessing the biomechanics of tissues and cells. In particular, it is useful for the microscopic target where direct mechanical measurements cannot be applied. In its simplest form, the relation between the sound speed and the elastic bulk modulus of liquid-like media is:

$$c = \sqrt{\frac{K}{\rho}}$$

where ρ : density; *c*: sound speed; *K*: elastic bulk modulus.

As a biological soft tissue may be considered as a liquid-like material, this equation may be applied to assess its elastic properties. Recent biomechanical studies have suggested that the mechanical properties of tissues may not be sufficiently similar to liquids and should be treated as soft solid materials. However, the acoustical relations of solid materials can also be described by the following equation if the material is assumed to be isotropic:

$$c = \sqrt{\frac{E(1-\sigma)}{\rho(1+\sigma)(1-2\sigma)}}$$

where σ : poisson's ratio; ρ : density; c: sound speed; E: Young's modulus.



Figure 1. Reflections from the tissue surface and from the interface between tissue and substrate in acoustic microscopy. This relation shows that the Young's modulus of tissue and the sound speed are closely related.

Soft materials are sometimes considered as viscoelastic material. At that time, viscosity is also derived from acoustic properties [4]:

$$\alpha = \frac{2f^2 \pi^2}{3\rho c^3} \left(\eta_V + \frac{4}{3} \eta_S \right)$$

where α : absorption; η_{ν} : volumetric viscosity; η_{s} : shear viscosity; ρ : density; *c*: sound speed; *f*: frequency.

Principle of acoustic microscopy

FIGURE 1 is a schematic illustration of reflections from the tissue surface and from the interface between tissue and substrate in acoustic microscopy. The soft biological material is attached on a substrate. Normal slide glass or highmolecular polymer materials used in dishes for cell culture can be used as the substrates. The biological material is sectioned at an appropriate thickness to separate the reflections from the tissue surface and from the interface between tissue and substrate. Single-layered cultured cells are also appropriate objects for SAM. The ultrasound is transmitted through a coupling medium and focused on the surface of the substrate. Transmitted ultrasound is reflected at both the surface of the biological material (S) and the interface between the biological material and the substrate (S_i) . The transducer receives the sum of these two reflections. The interference of these two reflections is determined by acoustic properties of the biological material. The determinants of the interference in the frequency (x-axis) are thickness and sound speed of the sample. The determinant of the interference of the intensity (y-axis) is the amplitude of the surface reflection and attenuation of ultrasound propagating through the tissue. The concept of quantitative measurement of speed of sound is based on the analysis of the interference frequency-dependent characteristics. In our previous SAM system, the frequency-dependent characteristics were obtained by serial measurements. FIGURE 2 is the appearance of the system. The system consisted of five parts: an ultrasonic transducer made of thin ZnO film with a aperture diameter of 1.5 mm, focal length of 1.2 mm and central frequency of 170 MHz; mechanical scanner; analog signal processor; image signal processor; and display unit. The ultrasonic frequency of the burst waves was variable over a range of 100 to 200 MHz. A single shot constituting 480×480 pixels was obtained in 8 s. The

system used quasi-continuous wave methods because the amplitude of the high frequency transducer was weak.

Our newly developed SAM uses a timeresolved method and obtains the frequencydependent characteristics by fast Fourier transform of a single broadband pulse with the duration of 30-40 ns. FIGURE 3 is the block diagram of the system. An electric impulse with the pulse width of 2 ns is generated and input into a P(VDF-TrFE) transducer with an aperture diameter of 1.5 mm, focal length of 1.2 mm and a central frequency of 100 MHz. The reflections from the tissue are received by the transducer and introduced into a Windows-based PC with a fast digitizer card (Acqiris DP210, 2GSa/s, onboard memory 16 MB, Geneva, Switzerland). The transducer was mounted on an x-y stage with a microcomputer board that was driven by the PC through RS232C. Both the x-scan and y-scan were driven by linear servo motors.

Application to cellular imaging

The use of SAM in cellular imaging commenced early on in its development [5]. Johnston *et al.* used SAM for the analysis of subcellular components [6]. They could detect such features as nuclei and nucleoli, mitochondria and actin cables of fixed cells. Hildebrand *et al.* applied SAM for the observation of living cells [7]. Their analysis of acoustic images of actively motile cells indicated that leading lamella were less dense or stiff than the quiescent trailing processes of the cells.

Following the Stanford group, Bereiter-Hahn at the Johann Wolfgang Goethe University (Frankfurt, Germany) performed a series of great works on the biomechanics of living cells by observations with SAM with a 1-GHz transducer (radius of 40 µm and an opening angle of 100°). Bereiter-Hahn proposed a hypothesis that the shape and locomotion of tissue cells depended on the interaction of elements of the cytoskeleton, adhesion to the substrate and an intracellular hydrostatic pressure [8]. His group also found that higher values of impedance and attenuation coefficients were found in the cell periphery than in the central part of the cell. The phenomenon was suggested to be due to the different organization of cytoskeletal elements [9]. Veselý et al. developed subtraction of the SAM images of living cells as a method for investigating minimal changes in cellular topography and elasticity. Subtraction of the SAM images opened an approach to a characterization of cell motility in vitro and to understanding of early cellular reactions to various stimuli [10]. It was assumed that migration was due



Figure 2. Appearance of the old scanning acoustic microscope developed at **Tohoku University in 1985.** (1) Transducer; (2) mechanical scanner; (3) image processor; (4) signal processor; (5) display.

to an extension of the cell into the direction of minimum stiffness, and this was consistent with the hypothesis that local release of hydrostatic pressure provided the driving force for the flux of cytoplasm [11].

Briggs *et al.* from Oxford University (UK) are also one of the pioneers of acoustic microscopy. They measured the waveform of very short pulses and derived the thickness of the cell, and calculated the acoustic velocity, impedance and attenuation by analyzing two separate signals reflected from the top and the bottom of the cell [12].

Recently, time-resolved acoustic microscopy with GHz frequency ultrasound has been developed for cellular imaging. A transducer with a semi-aperture angle of 45°, center frequency of 860 MHz, with a -6 dB bandwidth of 30%, lateral resolution of 1.5 µm and an axial resolution of 2.9 µm (Kramer Scientific Instruments, Herborn, Germany) was used in these instruments. Weiss et al. compared the acoustical images of chicken heart muscle cells, and fluorescence optical images of the same cells after staining showed that the actin fibers ended inside the dark streaks in the acoustical images and thus represented the focal contacts [13]. FIGURE 4 shows optical and acoustical images of embryonic chicken heart muscle cells taken at room temperature. The acoustical images have dimensions of 65 µm × 65 µm and were taken with a center frequency of 860 MHz



Figure 3. Recent scanning acoustic microscopy systems.

in focus (z = 0). They also measured quantitative acoustical properties of a single HeLa cell *in vivo* to derive elastic parameters of subcellular structures. The value of the sound velocity inside the cell (1534.5 \pm 33.6 m/s) was only slightly higher than that of the surrounding medium (1501 m/s) [14].

Taggart *et al.* have been investigating ultrasound backscatter from leukemia cells for monitoring treatment with the chemotherapeutic agent cisplatin. After the treatment, backscatter increased by 400% compared with estimates obtained from the control samples. Changes in spectral parameters were hypothesized to be linked to structural cell changes during apoptosis [15]. They clarified the mechanism of backscatter change by comparing high-frequency ultrasound spectroscopy (10–60 MHz) and SAM (0.9 GHz) on HeLa cells that were exposed to cisplatin [16].

We have also applied SAM for cellular imaging. Cold preservation is the most practical method to maintain the viability of isolated lungs in clinical lung transplantation. However, rapid cooling may affect pulmonary endothelial function.



Figure 4. Optical and acoustical images of embryonic chicken heart muscle cells taken at room temperature. (A) Optical, **(B)** partially acoustical and **(C)** overlay of optical and acoustical images. Reproduced with permission from [13].



Figure 5. Ultrasonic attenuation, endothelial electric resistance and microtubulus formation during and after rapid cooling of pulmonary endothelial cells.

Human pulmonary arterial endothelial cells were incubated at 4°C for 2 h. Microtubules were visualized using immunocytochemical fluorescence technique. Ultrasonic attenuation was measured with scanning acoustic microscopy and endothelial barrier integrity was measured as transendothelial electric resistance (solid line). Low temperature caused a reversible microtubule disassembly [17]. FIGURE 5 shows the ultrasonic attenuation, endothelial electric resistance and microtubulus formation during and after rapid cooling of pulmonary endothelial cell.

A 2D distribution of the ultrasonic intensity, which is closely related to the mechanical properties, was visualized to analyze cell organs, such as the nucleus at the central part and the cytoskeleton at the peripheral zone. After stimulation with TGF- β 1, the ultrasonic intensity at the actin zone was significantly increased compared with the control [18]. FIGURE 6 shows the ultrasonic intensity image obtained with a 300-MHz SAM before (FIGURE 6A) and after (FIGURE 6B) stimulation by TGF- β 1.

FIGURE 7 shows a 1.2-GHz SAM image of a cultured renal vascular smooth muscle cell. The fringe shift shown as the striation (arrows) indicates the difference of the cellular thickness.

Application to hard tissues

Special treatment is required for SAM to be applied to hard materials. For soft tissues, including cells, ultrasound penetrated through the specimen and reflected at the interface between the tissue and the substrate, such as slide glass. For hard materials, ultrasound is assumed to be reflected at the surface of the tissue. Thus, the surface of the hard material was polished to make a complete reflection. Peck and Briggs



Figure 6. Ultrasonic intensity image obtained with a 300-MHz scanning acoustic microscope (A) before and (B) after stimulation by TGF- β 1.



Figure 7. 1.2-GHz scanning acoustic microscope image of a cultured renal vascular smooth muscle cell. Fringe shift is shown as the striation (arrows).

applied SAM for imaging dental caries [19,20]. In addition to visualization, they developed quantitative data analysis methods in SAM measurement. One is V(z) curve analysis that has a gradually decayed background signal due to transducer's defocusing. They applied V(z) curve analysis on the enamel of a tooth and found that the variation of velocity indicated a substantial reduction of elastic stiffness in the lesion [21].

Katz at Case Western Reserve University (OH, USA) applied SAM to hard biological materials such as bone. They developed a simple reflection acoustic microscope at 20 MHz and investigated inhomogeneities in surface acoustic properties of mineralized tissues and implant materials [22]. A 400–600-MHz SAM (UH3, Olympus, Tokyo, Japan) was used for quantitative measurement on tissue elasticity. Elastic moduli for both trabecular and cortical bone were obtained by means of a series of calibration curves correlating SAM gray levels of known materials with their elastic moduli; specimens



Figure 8. (A) Optical, (B) attenuation and (C) sound speed images of papillary adenocarcinoma.

included: polypropylene, poly(methyl methacrylate) (PMMA), Teflon[®], aluminum, Pyrex[®] glass, titanium and stainless steel [23,24].

Chérin et al. developed a SAM with a central frequency of 50 MHz and -6 dB lateral resolution of approximately 23 µm and applied it to the ultrasonic tissue characterization of cartilage tissues. They found that the acoustic parameters and thickness of the articular cartilage excised from Wistar male rats changed significantly as the animals matured [25]. Collaborating with Chérin et al., Raum at the Martin Luther University of Halle-Wittenberg (Germany) has been applying SAMs with various frequencies for bone characterization. They investigated chemical composition and anisotropic elasticity of individual lamellae in secondary osteons by comparing site-matched Raman microspectroscopy, 50-MHz SAM and a nanoindentation method [26]. They also investigated using a 200-MHz SAM (KSI 200/60°: KSI, Herborn, Germany) and a synchrotron radiation micro-computed tomography for assessing microstructural parameters, acoustic impedance Z and tissue degree of mineralization of bone in sitematched regions of interest in mouse femoral bone [27]. The measurements of the bone were made with two microscopes operating in the pulse-echo mode, either with frequencies up to 200 MHz and time-resolved detection or between 100 MHz and 2 GHz and amplitude detection. The methods were compared and their application potentials and limitations were discussed with respect to the hierarchical structure of cortical bone [28].

For the application of SAM to tendon or ligament insertions, it was considered necessary to determine the role of decalcification in SAM measurements since mineralized tissues, including bone or mineralized fibrocartilage, were present at the insertion site [29]. To assess whether decalcification alters the tissue sound speed or not, supraspinatus tendon insertions of six Japanese white rabbits were measured with SAM operating in the frequency range of 50 to 150 MHz. Sound speed in nonmineralized fibrocartilage was 1544 m/s in the undecalcified specimens, while the value of 1541 m/s was determined in the decalcified ones. On the other hand, it decreased by 2-3% after decalcification in the mineralized tissue including mineralized fibrocartilage and bone (mineralized fibrocartilage: undecalcified = 1648 m/s, decalcified = 1604 m/s; bone: undecalcified = 1716 m/s, decalcified = 1677 m/s). However, no significant differences were found between the undecalcified and the decalcified specimens (nonmineralized fibrocartilage: p = 0.84, mineralized fibrocartilage: p = 0.35, bone: p = 0.28) [29].

Application to soft tissues

As described earlier, soft tissues should be sliced thinly so that ultrasound can penetrate through the tissue and reflected at the interface between tissue and substrate. From our experiences, a specimen of approximately 10 µm thickness was appropriate for 100-MHz SAM because of signal amplitude and image quality. If the speed of sound is 1500 m/s in the specimen, the wavelength of the 100-MHz ultrasound is approximately 15 um. Thus, flight-of-time measurement in the time domain is difficult for the thickness measurement of such materials. van der Steen used the spectral phase difference method for the measurement of samples 5-10 µm thick. The glass plate reflections were gated out, then the signal was Fouriertransformed into the frequency domain. The obtained phase spectra were unwrapped, subtracted and subsequently a linear fit was made through this phase difference spectrum. The slope of this line yielded the difference in arrival time [30]. Our group proposed a unique method for calculating thickness and sound speed of the thinly sliced tissues considering the interference between surface and bottom reflections of tone-burst ultrasound waves [31,32].

Gastric cancer

Gastric cancer tissues were classified into five groups according to their pathological findings: papillary adenocarcinoma, well-differentiated tubular adenocarcinoma, moderately differentiated tubular adenocarcinoma, poorly differentiated adenocarcinoma and signet-ring cell carcinoma [31]. FIGURE 8 is an example of optical (hematoxylin–eosin staining) and acoustical images of papillary adenocarcinoma. The bar graph in FIGURE 9 shows sound speed in normal mucosa and five kinds of cancer tissues.



Figure 9. Sound speed in normal mucosa and five kinds of cancer tissues. Mod: Moderately differentiated tubular adenocarcinoma; Norm: Normal mucosa; Pap: Papillary adenocarcinoma; Poor: Poorly differentiated adenocarcinoma; Sig: Signet-ring cell carcinoma; Well: Well-differentiated tubular adenocarcinoma.

The values of the sound speed increased as the cellular differentiation proceeded through the three kinds of tubular adenocarcinoma. As the density of the biological soft tissues can be assumed to be nearly constant, increased sound speed can thus be interpreted to mean that tubular adenocarcinoma tissues become acoustically stiffer as the differentiation of the tissue proceeds. Electron microscopy has shown that the number of desmosomes, which are required for cell-to-cell adhesion, is significantly decreased in poorly differentiated adenocarcinoma. Welldifferentiated tubular adenocarcinoma specimens exhibit nearly the same number of desmosomes as in normal mucosal tissue. This increasing trend was thus regarded as the result of tightening of the intercellular attachment. Both the attenuation constant and the sound speed were significantly lower in the signet-ring cell carcinoma than in the adenocarcinoma. The intracellular component of the signet-ring cell carcinoma is the periodic acid-Schiff stain positive substrate. The



Figure 10. (A) Optical, (B) attenuation and (C) sound speed images of acute myocardial infarction.



Figure 11. Sound speed in four kinds of tissue elements observed in acute myocardial infarction.

lower values of the attenuation and sound speed may be accounted for by the intracellular chemical components of the tumor tissues. These data of gastric cancer tumors clearly show that the SAM system can be used to classify the types of cancer tissues, as revealed by measurement of the acoustic parameters of the pathologies [31].

Myocardial infarction

Since cardiac B-scans were developed at Tohoku University (Japan) in the early 1960s [33], the origin of the strong echo in the myocardium has been investigated by various methods. In the sensitivity varying method, relative echo intensity of the tissue was compared with those of the left ventricular cavity (defined as zero) and the pericardium (defined as the strongest) was used for semiquantitative analysis of the echo intensity of myocardium. The echo intensity of the myocardium and histopathology were compared in hypertrophic cardiomyopathy. The study showed a relationship between strong echo portion and collagen fiber distribution [34]. However, there have been several reports that collagen content and myocardial echo amplitude did not show significant correlation [35].

To clarify the cause of discrepancy between optical histology and clinical ultrasound imaging, acoustic microscopy was equipped for quantitative measurement of acoustic properties of tissue components at microscopic level. Acoustic properties of the tissue elements in myocardial infarction were measured and the elastic bulk modulus of the normal and pathological myocardium was assessed from the acoustic parameters. Four kinds of tissue elements, normal myocardium, degenerated myocardium, granulation and fibrosis, were observed in the specimens. FIGURE 10 is the acoustic image of the myocardial infarction tissue. Fibrotic lesion (F) represents high attenuation in this image. The sound speeds were 1620 m/s in the normal myocardium, 1572 m/s in the degenerated myocardium and 1690 m/s in the fibrosis (FIGURE 11).

The density of each tissue element was measured by the graded CuSO, solution method, and the specific acoustic impedance was calculated by the sound speed and the density of each tissue element. The values were 1.75×10^6 Ns/m³ in the normal myocardium, $1.69 \times 10^6 \text{ Ns/m}^3$ in the degenerated myocardium and $1.85 \times 10^6 \text{ Ns/m}^3$ in the fibrosis. The dB level of the relative reflected sound power was calculated on the assumption that the interface between two kinds of tissue elements was infinite and plane. The level at the interface between degenerated myocardium and fibrosis was calculated as 15.4 dB. The clinical echocardiography literature showed that the strong echo of 15 dB was observed at the area of the scar in myocardial infarction. The origin of the strong echo was clarified by the acoustic microscopy measurement [32].

Chandraratna *et al.* assessed the echo-bright area in myocardium by using 600-MHz SAM [36]. They also showed that the echo intensity was affected by collagen fiber morphology [37].







Figure 13. (A) Optical microscope, (B) acoustic microscope (sound speed), (C) finite element method model and (D) stress distribution of atherosclerotic coronary artery. Reproduced with permission from [44].

As the biological tissues are modeled as fluid, the values of bulk modulus can also be calculated from the values of sound speed and density. The value of the bulk modulus was $2.84 \times 10^9 \text{ N/m}^2$ in the normal myocardium, 2.65×10^9 N/m² in the degenerated myocardium and 3.12×10^9 N/m² in the fibrosis. One of the roles of collagen fibers in acute myocardial infarction is to prevent the expansion of the infarction, and the frequency of left ventricular rupture has been reported to be higher in the group that exhibits no remarkable increment of the scar in the myocardium [38]. From the measurements, the bulk modulus of fibrosis was highest in the tissue components in myocardial infarction. This suggested that fibrosis formation soon after myocardial infarction may prevent infarct expansion and cardiac rupture.

Kidney

Investigation of the kidney by SAM was started by Dunn and Kessler at the dawn of acoustic microscopy [39]. However, the quantitative data on kidney tissues were presented 20 years later when our group re-started investigations of the kidney. Regarding renal cell carcinoma, the values of attenuation constant and sound speed were lower in both kinds of cancer cells than those in normal kidney, although a significant difference was not found between the clear cell and granular cell. Furthermore, both acoustic parameters of cancer cells were significantly lower than those in hemorrhage and fibrosis. These data suggest that the elasticity of renal cell carcinoma tissue may be



Figure 14. (A) Optical, (B) 200-MHz scanning acoustic microscope and (C) 1.1-GHz scanning acoustic microscope images of normal human coronary artery. A: Adventitia; I: Intima; M: Media.



Figure 15. (A) Optical microscope (Elastica-Masson staining), (B) intravascular ultrasound, (C) scanning acoustic microscopy (attenuation) and (D) scanning acoustic microscopy (sound speed) of thrombus in acute coronary syndrome.

lower than that of normal kidney. Moreover, the high intensity echo in clinical echography may be related to the heterogeneity of the microacoustic field in the carcinoma tissue [40]. We also applied SAM to differentiate renal angiomyolipoma from renal cell carcinoma [41].

For the acoustic properties of dialyzed kidney, the attenuation constant for inflammatory granulation tissue was significantly higher than that for hyaline degeneration tissue (p < 0.001). Sound speed was high for granulation tissue, but tended to diminish gradually for hyaline degeneration. Sound speed increased again with progression to cystic degeneration (p < 0.001), but the attenuation constant remained low. When a cystic kidney contained a malignant lesion, the previously low attenuation constant rose at that site (p < 0.001), and the previously high sound speed was diminished (p < 0.001). Our data suggest that the physical properties of dialyzed kidneys at different stages of pathology can be classified by their acoustic properties [42].

Atherosclerosis

The normal coronary artery consists of three parts and the structure is represented in the optical microscopic images. The intima comprises endothelium, inner elastic membrane and thin collagen fibers, the media comprises elastic fibers and smooth muscle, and the adventitia comprises collagen fibers. The atherosclerotic intima consists of thick collagen fibers, calcification and a lipid pool. In this study, the acoustic properties of five kinds of tissue elements (viz., the intimal collagen fiber, calcification, normal media, adventitia and fatty plaque) were measured. The cross-sectional images of coronary arteries were observed by both optical (Elastica-Masson staining) and acoustic microscopy [43]. FIGURE 12 shows an example of coronary artery images.

Based on the sound speed distribution, regions with different elastic parameters were divided. Geometric and compositional information of each acoustic image was digitized using NIH Image 1.60 software (free software from NIH) on Power Macintosh 9600/233. Finite element meshes were generated using ANSYS 5.5 (SAS IP, Inc., PA, USA) software on a workstation (Ultra10, Sun Microsystems, CA, USA). The finite element models were solved for an intraluminal pressure load of 110 mmHg (14.6 kPa). In the calculation process, the region in the images was considered as a part of circumferential vessel wall and the central angle was 30°. The sound speed distribution was inhomogeneous and the discontinuity of the elastic property in the fibrous cap was observed in the atherosclerotic coronary artery. Next, the fibrotic region was divided into four regions according to the elasticity distribution. The first principle stress distribution of the normal coronary artery showed that the stress was dominant in the intima but was uniform. The stress distribution in the atherosclerotic plaque showed that the mean value of the stress was smaller than that found in the intima of the normal coronary artery, but the peak stress was very high and concentrated into the cracklike structure of the fibrous cap (FIGURE 13A-D). The results indicated that the pathophysiology of coronary plaque rupture was strongly correlated with biomechanical properties of the tissue components in coronary artery [44].

FIGURE 14 shows the optical 200-MHz and 1.1-GHz acoustic microscope images of normal human coronary artery. The resolution is better in the 1.1-GHz image. For example, each elastic fiber in the media can be observed in the 1.1-GHz image while the media is almost homogeneous in the 200-MHz image. However, the three-layered appearance of coronary artery is more obvious in the 200-MHz image. The intima and adventitia show higher ultrasonic attenuation than that of the media.

For the assessment of plaque rupture in a vulnerable plaque, SAM investigations on atherosclerosis-prone mice were performed. The acoustic properties of the normal vessel wall and plaques, particularly fibrous caps of lipid-rich plaques, were evaluated in the aortic roots of six normal C57BL mice and 12 atherosclerosis-prone apoE-deficient (apoE^{-/-}) mice by SAM. After processing, the attenuation of highfrequency (1.1-GHz) focused ultrasound was measured in unstained tissue sections by SAM followed by quantification of the amount and type of collagen in picrosirius red stained sections by means of polarized light microscopy. Collagen appeared green in thin fibrous caps and bright orange in thick caps by polarized light microscopy. The attenuation of ultrasound was significantly higher in the collagen fibers with orange color compared with those with green color (17.2 vs $6.6 \times 10^3 \text{ dB/mm}$) [45].

Human carotid atherosclerotic lesions were observed by GHz-range SAM. The atherosclerotic lesions were characterized by either thickened fibrosis with dense collagen fibers or lipid accumulation with sparse collagen network by optical microscopy. SAM revealed that the fibrosis was classified into type I and III collagen by attenuation of ultrasound and that the sound field of lipid accumulation lesions became inhomogeneous. The results would provide the scientific basis for the images of vulnerable plaques being produced in diagnostic ultrasound [46].

Comparison of *in vivo* IVUS image and *in vitro* excised tissue showed the importance of SAM for understanding lower ultrasound image. FIGURE 15 shows the comparison of optical microscope (Elastica-Masson staining), IVUS, SAM (attenuation) and SAM (sound speed) of thrombus in acute coronary syndrome. The tissue was obtained by an aspiration catheter (PercuSergeTM, Medtronic, Minneapolis, MN, USA) in a clinical setting.



Figure 16. Gradation color images and sound speed changes of articular cartilage assessed by scanning acoustic microscopy. (A & B) shows gradation color images of the tibial articular cartilage at 16 weeks; (C & D) shows each corresponding area to each upper row with hematoxylin and eosin staining, respectively. (A & C) the immobilized group; (B & D) the control group; (E) gradation color scale bar. The low sound speed area gradually expanded from the surface of the articular cartilage in the immobilized group. (F & G) shows the femoral cartilage; (H & I) shows the tibial cartilage of the sound speed. (F & H) the transitional area; (G & I) the noncontact area. Reproduced with permission from [48].



Figure 17. An example of a PC window in sound speed microscopy demonstrating normal stomach wall. Left upper: intensity, right upper: sound speed, left lower: attenuation, right lower: thickness.

Articular tissues

As described earlier, SAM data can be used as the basic data for assessing biomechanics of tissues and cells. Research into biomechanics is widely performed in the field of orthopedic surgery. The acoustic properties of rabbit supraspinatus tendon insertions were measured by SAM. In the tendon proper and the nonmineralized fibrocartilage, the sound speed and attenuation constant gradually decreased as the predominant collagen type changed from I to II. In mineralized fibrocartilage, they increased markedly with the mineralization of the fibrocartilaginous tissue. These results indicate that the nonmineralized fibrocartilage shows the lowest elastic modulus among four zones at the insertion site, which could be interpreted as an adaptation to various types of biomechanical stress [47].

Our group also attempted to determine the changes of articular cartilage of the knee joint during immobilization in a rat model. The knee joints of adult male rats were immobilized at 150° of flexion using an internal fixator for 3 days, and 1, 2, 4, 8 and 16 weeks. The articular cartilage from the medial midcondylar region of the knee was obtained, divided into three areas (noncontact area, transitional area and contact area), and, in each area, a degree of degeneration was evaluated by gross observation, histomorphometric grading, and measurements of thickness and number of chondrocytes (FIGURE 16 shows the results). Degeneration of the articular cartilage was mainly observed in the contact and transitional areas. Matrix staining intensity by safranin-O and the number of chondrocytes were decreased in these two areas. The thickness of the articular cartilage in the noncontact and contact areas was unchanged, but it was increased in the transitional area. Decrease in sound speed was observed in the transitional area of both the femoral and tibial cartilage, indicating the softening of the articular cartilage. The changes

of articular cartilage became obvious as early as 1 week after immobilization. These changes may be due to a lack of mechanical stress or a lack of joint fluid circulation during immobilization [48].

Latest developments of acoustic microscopy in instrumentation

With the development of high-frequency engineering and computer science, acoustic microscopy is still developing in the 21st century. In previous SAMs, only the peak signal at each point was sampled and plotted as a 2D image. Ultrafast digitizer cards with a sampling frequency of more than 1 GHz have enabled us to capture the whole waveform at each point simultaneously. The whole signal acquisition enabled ultrasound speed microscopy [49]. However, our old SAM still has advantages over recent SAMs in the scanning speed. The old SAM obtained 480×480 pixel image in 8 s while our new SAM obtained 300×300 pixel image in 60 s. The old SAM was constructed using precise hand-crafted technologies. In particular, the x-axis scan is driven by a spiral spring technique with an oscillating speed of 60 Hz that originated from the technologies used in the Japanese watch industry. The new SAM with the latest linear motors has not yet achieved such high-speed scanning.

Ultrasound speed microscopy

Whole reflection waveform from the glass surface was captured and used as a reference waveform. The waveform obtained at the tissue area consisted of two reflections: one from the surface and one from the interface of the tissue and glass. The two components cannot be separated in a time domain analysis. Thus, frequency domain analysis was performed by analyzing the interference between the two reflections. Intensity and phase spectra were calculated by Fourier transforming the waveform and normalized by the reference waveform. Thus, the thickness, attenuation and sound speed is calculated [49]. FIGURE 17 is the PC window of ultrasound speed microscopy representing stomach wall.

Ultrasound impedance microscopy

One of the objectives of SAM application in medicine and biology is easy observation. Although classical SAM methods do not require tissue staining, they require thin slicing of the tissue. FIGURE 18 shows the concept of conventional SAM, ultrasound impedance microscopy and 3D ultrasound microscopy. For easier observation, we have developed ultrasound impedance



scanning acoustic microscopy, ultrasound impedance microscopy and 3D ultrasound microscopy. SAM: Scanning acoustic microscopy.

microscopy. FIGURE 19 shows the schematic illustration of the relation between the beam propagation and the tissue. FIGURE 19A shows the classical SAM. The ultrasound propagates through the thinly sliced specimen or cultured cells and reflects at the interface between the specimen and substrate. FIGURE 19B shows the ultrasound impedance microscopy. The ultrasound propagates through the thin plastic plate and is reflected at the interface between plastic and tissue [50].

The target signal is compared with the reference signal and interpreted into acoustic impedance, as shown in Figure 20:

$$Z_{target} = \frac{1 - \frac{S_{target}}{S_0}}{1 + \frac{S_{target}}{S_0}} Z_{sub} = \frac{1 - \frac{S_{target}}{S_{ref}} \cdot \frac{Z_{sub} - Z_{ref}}{Z_{sub} + Z_{ref}}}{1 + \frac{S_{target}}{S_{ref}} \cdot \frac{Z_{sub} - Z_{ref}}{Z_{sub} + Z_{ref}}} Z_{sub}$$



(A) conventional scanning acoustic microscopy and (B) ultrasound impedance microscopy.



Figure 20. Signals in ultrasonic impedance microscopy. S_0 : Transmitted signal; S_{ref} : reflection from the reference; S_{target} : reflection from the target; Z_{ref} : acoustic impedances of the reference; Z_{target} : acoustic impedances of the target.

where S_{ref} : reflection from the reference; S_{target} : reflection from the target; S_{o} : transmitted signal; Z_{ref} : acoustic impedances of the reference; Z_{sub} : acoustic impedances of the substrate; Z_{target} : acoustic impedances of the target.





Rats were dissected and the whole brain was removed. A sagittal section of the brain was prepared by a rotor slicer. The specimen was rinsed and preserved in phosphate-buffered saline. For optical observation, some adjacent slices were subjected to immunohistochemical staining against calbindin D-28k. FIGURE 21 shows the brain of a rat. Four layers are visible: molecular layer (ML), Purkinje layer, internal granular layer and white matter in mature cerebellum. Parallel fibers in ML are the axons of granule cells and play an important role in cerebella neural connection. Migrating granule cells elongate them horizontally and form many excitatory synapses to the dendrites of Purkinje cells. These are major neuronal circuits of the cerebellum, thus parallel fibers construct rich ML of the brain.

■ 3D ultrasound microscopy

As the aforementioned systems 2D scan over the objects, small modification of the geometry of the ultrasound transducer and captured wavelength enabled 3D reflection data from a specimen. A polyvinylidene difluoride (PVDF) transducer with a diameter of 2.4 mm and a focal length of 3.2 mm was fabricated for 3D imaging, while a PVDF transducer with a diameter of 1.8 mm and a focal length of 1.5 mm was used for conventional SAM. FIGURE 22 shows the cross-sections of human skin; FIGURE 22A is a plane perpendicular to the skin surface, FIGURE 22B is a plane parallel to the skin surface demonstrating the texture of the skin and FIGURE 22C shows the microvessels and hair follicles. FIGURE 23 shows cross-sectional images of human skin with optical coherence tomography (OCT) [51]. The image quality of 3D ultrasound is comparative to that of OCT.

Other latest technologies

Classically, a transducer was mechanically scanned over specimens in the SAMs. Fabrication of 2D, high-frequency array transducer for faster imaging and digital beam forming has been desired for years. Today, VisualSonics, led by Foster, released a 30–70-MHz linear-array probe for small animal imaging onto the market [52]. Lemor at Fraunhofer Institute (Munich, Germany) has also developed a linear-array probe with a frequency of 100 MHz. Mechanical scan of these linear-array transducers may realize a real-time scan in future SAMs.

Future perspective

Scanning acoustic microscopy will continue to be a unique imaging modality because it provides mechanical properties of tissues that are not visualized directly by other imaging modalities such as



Figure 22. Cross-sectional images of human skin with 3D ultrasound microscopy. (A) A plane perpendicular to the skin surface, **(B)** a plane parallel to the skin surface (skin texture) and **(C)** a plane parallel to the skin surface (microvessl and hair follicle).

computed tomography, MRI, PET or OCT. The application may expand to other clinical fields and intra-body use because ultrasound impedance microscopy and 3D ultrasound microscopy can be principally applied to the *in vivo* organs.

Normally, micro- or nano-bubbles have been used as the contrast media for ultrasound, but the relatively short persistence duration of the bubble has limited its application to the information related to the blood flow. For contrast media for high-frequency ultrasound, smaller diameter material, such as gold nanoparticles, can be applied. Not only microcirculation of the tissues, but also the metabolism of the cell would be noninvasively visualized by the combination of SAM and contrast agents.

Recently, high-frequency array ultrasound transducers have been developed. 2D array or mechanical scan of 1D array transducers may increase the scan speed. Transducer materials for frequencies around 100 MHz have been developed but not for higher than 500 MHz, which is the frequency desired for cellular imaging. Capacitive micro-machined ultrasonic transducers [53] and annular array transducers [54] are also solutions for high-frequency ultrasound imaging.

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Figure 23. Cross-sectional images of human skin with optical coherence tomography. (A & B) Basal cell carcinoma and (C & D) normal skin. Reproduced with permission from [51].

Executive summary

- The principle and brief history of scanning acoustic microscopy (SAM) for medicine and biology are described here. SAM is able to visualize high-quality microscopy images of tissues and cells suitable for histopathological examinations.
- For bone, cartilage, tendon and cardiovascular tissues, micro-acoustic properties provided important information on biomechanical properties. Biomechanics of these tissues are especially important for assessing the pathophysiology.
- Cells are considered to consist of visco-elastic materials and SAM has shown information on viscosity by attenuation and information on elasticity by sound speed. Instead of stretching cells or using atomic force microscopy for measuring biomechanical properties, SAM can be used to measure precise mechanical property distribution without contact to the cells.
- SAM introduced a new form of contrast that is based on the mechanical properties of what is imaged. Recent developments such as ultrasound impedance microscopy, 3D ultrasound microscopy and high-frequency array transducer may realize a clinically applicable SAM in the near future.

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