Traumatic ankle pain - Adequacy of clinical information with reference to the Ottawa ankle rules

Hassan Shafiq
Royal London Hospital, United Kingdom

Abstract:
Reference to the Ottawa ankle rules. The Ottawa ankle rules state that ankle radiographs are only required if there is pain in the malleolar zone and any of the following:
- Bone tenderness of the posterior edge or tip of lateral malleolus
- Bone tenderness of the posterior edge or tip of medial malleolus
- An inability to weight bear both immediately and in the ED for 4 steps
All ankle x-ray requests for traumatic ankle pain should provide adequate clinical information including point tenderness with reference to the Ottawa ankle rules. Main aim of this audit was to assess the local practice and see the compliance with Ottawa ankle rules.

References
5. Royal College of Radiologists. Making the best use of clinical radiology. MBUR7/iRefer V. 8. 2017 BFCR(17)2

Biography:
Mr Hassan Shafiq is an Orthopaedic Surgery trainee at Royal London Hospital, UK. He hold MBBS degree and MSc in Trauma Sciences from Queen Mary University London. He is also a member of Royal College of Surgeons and is pursuing a career in Orthopaedic Surgery.

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