

The Subjective Birthing Woman

Abstract

Objectives: To recognise and correlate the synergy of subjective healing through ancient medicinal holistic practice in conjunction with quantum theory and unified physics. The connection between sexual energy flow (kundalini) birth and development of prenatal cognition on an intuitive level. Resulting in natural conceptions and births.

Method: Using meditation and deep brainwave activity of theta, alpha and gamma states to induce healing within the body. Coaching and mentoring mothers' pre-conception to develop pre-natal cognition and connection to the soul of their child developed and facilitated a healing and releasing of limiting beliefs within their subconscious mind. Changes occurred on a cellular level at different paces according to the subjective nature of the woman. The results were dependent on right and left brain personalities, Ayurvedic body type, emotional tendencies and a spiritual connection to their sexual organs and intimacy within their relationships.

Results: Healthy pregnancies leading to a confident post-partum period. Women having a deeper connection to their bodies. A wider comprehension of the link between spiritual energy having a direct influence at cellular level. The subjective nature of healing is down to the inner work of meditation, releasing of limiting beliefs via the subconscious and an understanding of her core primal response to her sexuality. These all combined as a holistic practice the KMRT® model was born.



Darshna Parmar

The Conscious Womb Birthing School,
United Kingdom

Biography

Darshna Parmar is the founder and teacher of the Conscious Womb Birthing School, UK. The school offers Continual Professional Courses in KMRT® THERAPY MODEL which is achieved through the CPD levels 1, 2 & 3. She completed her degree in Fashion Design & Technology in London College of Fashion from the University of the Arts London. She has gained her Diplomas in Ayurvedic Nutrition/Lifestyle/Yoga/Meditation and S.A.C. Dip Anatomy and Physiology. "Improving the maternal-fetal prognosis in pregnant women with thrombophilia". She got her bachelor's degree of the Faculty of Medicine, "Gr. T. Popa" University of Medicine and Pharmacy Iași, Romania.



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