

# The phenomenon of the COVID 19 pandemic against the background of its era

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#### Abstract:

The author analyzes the COVID-19 pandemic as a multidimensional phenomenon, including, apart from medical aspects, also those resulting from the evolution of civilization. Author discusses the barriers that are obstacles to the overall understanding of the COViD-19 phenomenon and that prevent consolidation of efforts to counteract it. The side effects of the industrial era regarding disturbances in the functioning of the ecosystem, of which humans are part and their impact on the COVID-19 pandemic are discussed in more detail. The pillaging of natural resources and of human organism led to disbalance of biocenosis, of which the man is a part, as a result of which he lost adaptation capacity to harmoniously co-exist with microorganisms, including coronaviruses.

The mistakes and omissions of our civilization that could have prevented a pandemic or significantly reduced its consequences are also discussed. The negative information conveyed by the publication is that the already launched avalanche of changes, the catalyst of which is COVID-19, must take place, associated with significant civilization consequences. It is positive that we still have the opportunity, with clarity of purpose and combined efforts, to positively moderate change and increase the chances of human survival as a species.

Keywords: COVID-19 pandemic, consequences of the industrial era, ecosystem imbalance, ideology and understanding COVID-19, endogenous phages and COVID-19, further epidemics threats, global crisis and COVID-19

#### Biography:

Bohdan W. Wasilewski graduated in 1970 in medicine, worked in the following institutions: Psychosomatic Institute in Warsaw, where he completed a specialization in psychiatry and received the



title of Doctor of Medicine; the University of Warsaw as deputy head of the Department; Medical University for Postgraduate Studies in Warsaw as head of the Department of Psychosomatics and Sexology and, until now, at the Psychosomatic Institute in Warsaw, as medical director and extraordinary professor. For two years he worked in the Psychiatric Clinic of the University of Munich, he also completed shorter research visits at the University of London, Harvard University, and the University of Moscow. He has published 164 papers, he is also the author or co-author of 48 book publications, including books that have been translated into four foreign languages. Bohdan Wasilewski is a member of many scientific societies and an editorial board member in four scientific journals..

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- 3. Homeopathic remedies as placebo alternatives verification on the example of treatment of menopause-related vegetative and emotional disturbances

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