

Streamlining the Efficiency of Pre-Operative Nurse Led Clinic in the Development of Clinical Pathway of a Surgical Patient

Abstract

Nurse Led Pre-operative clinics have been advocated as one of the effective health care services to conduct the pre-operative assessment in order to prepare and optimized patients for surgery. It is defined as a clinic that provides a general assessment includes history taking, health assessment and physical examination.

Such clinics are designed to optimize the medical condition of the patient before surgery and to reduce the rate of cancellations of surgery, thereby supporting the optimal utilization of resources and improving patient's overall experience with the services provided by the PONLC (Pre-operative Nurse Led clinic) In the event of an extended delay between the decision to admit for surgery and the actual admission patients will need to be re-assessed to ensure their fitness for surgery, this will be an integrated team who will also be responsible for the coordination and management of the admission and surgical procedure. A short summary of the literature review citing the author and year e.g. Derwing et al. (2002) mentions...etc. Traditionally, pre-operative assessment is within the remit of the medical professional mainly conducted by the doctors or the anesthetist. Nowadays, some of the Pre-operative assessment clinics are operated and coordinated by the nurse practitioner. Nurse-led pre-operative assessment clinics have been introduced in different specialty areas and widely implemented in the health agency of different countries, to assess and prepare patients pre-operatively in order to avoid last-minute surgery cancellations. (Sau-man, Conny . American Society of Pre-anesthesia Nurses, 2016: The Effectiveness of Nurse Led Pre-operative Assessment Clinics) The NHS Institute for improvement and Innovation (1) notes that pre-operative assessment helps to ensure that patients understand their procedure and are well informed; in good health before their procedure and have the best chance of good post-operative recovery. (Stark, Cameron . BMJ Quality Improvement Reports 2015 : Improving Patient Flow in Pre-operative Assessment)

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Biography

MS. Louise Nortje has finished her Diploma Degree in Nursing in the academic year (2011-2012), then she started to work on some researches related to nursing care, nursing profession and nursing job satisfaction. She is currently working with MSF international organization as a maternity nurse and train the paramedical staff to develop their skills.



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