

Nurses under stress of covid-19



Abstract

Novel Corona virus (COVID-19) has spread worldwide causing continuing pandemic. Hence many studies were conducted to assess the level of stress perceived by nurses working with COVID-19.

Aim: COVID-19 infection is a new disease that infects a large number of people, killing a ratio of whom every day in the world. Healthcare staff, especially nurses, experience a great deal of psychological distress during care of COVID-19 patients. This presentation aims to Detect the factors that prevalence of stress, within front line healthcare workers caring for COVID 19 patients, with more emphasis on the psychological factors.

Methods: Literature review is used to approximate the prevalence of stress within front line healthcare workers caring for COVID 19 patients. The keywords stress, anxiety, depression, psychological, mental illness, mental disorder, nurse, COVID 19, and Coronaviruses were used for searching the, ScienceDirect, PubMed, and Google Scholar databases. The search process was conducted in December 2019 to March 2021 In order to identify relevant studies from literature.

Conclusion: The results of the presentation clearly demonstrate that the prevalence of stress, within front line healthcare workers caring for COVID 19 patients is very high. Clarify the factors that disturb nurses' stress during care of these patients can help and take measures to control, reduce and prevent stress disorders within front line healthcare workers.

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Biography

Alia Al-Harathi, from Sultanate of Oman, graduated as Nurse in 1997, she worked as a staff Nurse in the Medical, Surgical and Intensive Care Unit for 6 years, this first-hand grass-root experience has helped her function effectively as a Senior Staff Nurse in the Infection Control Unit for the last 15 years.

My current position as head of Infection Control Department in private sector allows me to be an effective leader. Realizing the responsibilities of being a leader involved being a decision maker, operational strategy planner, and conflict controller.

Alia completed her BSc degree in 2002 from Bahrain, and her Post graduate in infection prevention and control from Oxford Brookes University, at the same time she applies for her MSc of Since in Management of health and social care from the same university completed both certificate in 2011.

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