



Multilocular cystic neoplasm of renal cell carcinoma: A rare and incidental finding of Clear Renal cell variant

Abstract

Multilocular cystic renal neoplasm is a rare subtype of clear cell carcinoma with an incidence of 1%-2% of all clear cell carcinomas. Morphologically, it shows numerous cysts surrounded by fibrous capsules and septae containing clear cells. The aim of this case report is that the diagnosis is possible solely by histopathological and immunohistochemically evaluation, which aids in distinguishing it from other cystic clear cell entities, as imaging is inconclusive pre-operatively. Urologists and radiologists should have an adequate understanding of such an entity. Almost all the cases are amenable to partial nephrectomy irrespective of the size and there is no documentation regarding the recurrence and metastasis, which mandates less stringent follow-up postoperatively compared to clear cell carcinoma.

Keywords: clear cell carcinoma, histopathological, immunohistochemical

Introduction

MCRNLMP is a rare subtype of clear cell renal cell tumors and accounts for less than 1% of renal neoplasms [1,2]. Alternative/historical names are multilocular renal cell carcinoma and multilocular cystic renal cell carcinoma. Most of them present at the lower pathological stage (T1 or T2) without invasion into the surrounding perinephric fat or local invasion.

It comprises numerous cysts and the entity was previously known as multilocular cystic renal cell carcinoma, which usually had clear cell morphology, but was redefined in 2016 WHO classification due to no recurrence or metastasis in patients with these tumors [1]. The reported incidence is 1%-2% [3,4]

It has a variable imaging pattern, the Bosniak system of classification is used for classifying these renal cysts, ranging from II F to IV, as multilocular cystic lesions increases in complexity on images. These lesions are strictly defined pathologically, by having thin malignant clear cell lining, and other components such as fibrosis which affects the imaging, hence pre-operative radiological diagnoses are hampered. Here we present a case in a 58-year-old male, who was a diagnosed case of a Carcinoma Gall Bladder. On imaging, a right renal cyst was suspected, on further histopathological

and immunohistochemical evaluation, it was diagnosed as Multilocular cystic clear cell renal cell carcinoma of low malignant potential (T1, Nx).

Case history

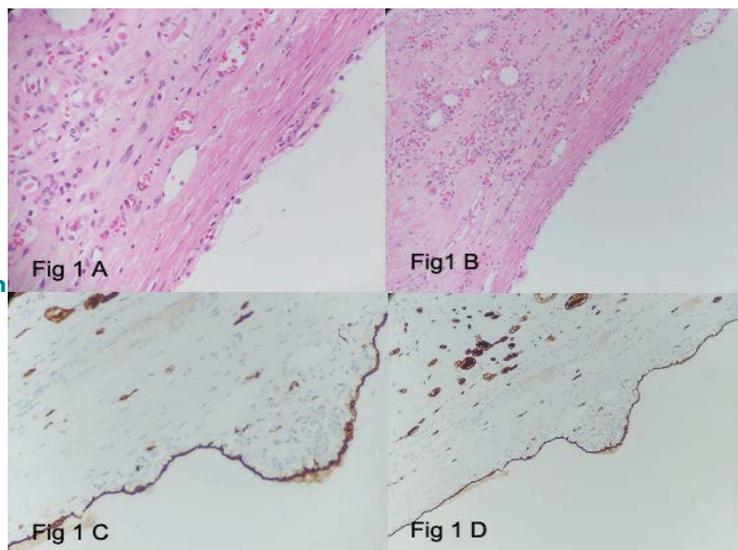
A 58-year-old non-smoker male was a diagnosed case of Carcinoma gall bladder. He did not have any bothersome lower urinary tract symptoms or any medical comorbidities. His blood biochemical investigations, renal tests were normal. Liver function tests are mildly deranged due to gall bladder cancer. Ultrasonography of the whole abdomen showed a right upper pole cystic renal mass. Contrast-Enhanced Computed Tomography (CECT KUB) scan showed a well-defined, solitary, partially exophytic mass that was multicystic with solid components within them (Bosniak Category-IV). It was heterogeneously enhancing the right upper pole renal mass, measuring (1.4 × 1.2 × 0.8) cm. The patient underwent radical cholecystectomy for carcinoma gall bladder and laparoscopic partial nephrectomy. The postoperative period was uneventful. The gross examination of the specimen showed a single lesion of size (1.5 × 1.0 × 0.8) cm, encapsulated, purely multicystic possessing varying sizes of non-communicating cysts with clear serous or gelatinous material as content. There was no necrosis or solid nodules. Microscopic examination showed a

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FIGURE 1. The patient is on regular follow-up with imaging studies.



multicystic lesion with thin septal walls of fibro-collagenous connective tissue containing single or occasionally multiple layers of clear cuboidal cells containing abundant cytoplasm. These cells had small hyperchromatic nuclei with regular borders and inconspicuous or absent nucleoli (ISUP grade 1-low grade). Mitotic figures were scarce. No expansile mural nodules, necrosis, vascular invasion, hyalinization, or sarcomatoid changes were noted. Immunohistochemistry showed strong membrane positivity for vimentin and Epithelial Membrane Antigen (EMA). Tumour falls under T1bN0M0 with ISUP nuclei grade 1. The patient is on regular follow-up with imaging studies and is stable FIGURE 1.

Discussion

Renal cysts are one of the common findings that we come across during the screening of ultrasound abdomen in routine urological practice. Most of them are benign and asymptomatic. They become symptomatic when there is a secondary infection or bleeding within the cysts. The incidence of renal cysts increases with an increase in age and is seen in over 50% of patients above 50 years of age.

MCRNLMP represents only 2%-4% of all CCRCC [2]. These tumors develop due to extensive cystic regression or growth within renal tubules, causing obstruction ultimately forming cysts. The term MCRNLMP was first suggested by Suzigan, et al. [1] in 2006, where they revisited 2004 WHO classification of renal tumors. The term MCRCC was renamed as MCRNLMP by ISUP in 2013. The WHO Classification of 2016 as well subsequently accepted this change

in terminology. MCRNLMP is defined as a multilocular cystic tumor lined by low ISUP grade [1-2] clear cells, immunohistochemically and molecularly not different from CCRCC [5].

Differential diagnoses include cystic nephroma, cystic clear cell papillary RCC, and tubulocystic RCC. Cystic nephroma shows the presence of ovarian-type stroma. Cystic clear cell papillary RCC also contains clear cells with low-grade nuclei, but differentiating feature is the presence of papillary architecture. Tubulocystic RCC lining cells have eosinophilic cytoplasm with high-grade nuclei instead of clear cells. The differentiating factor for cystic CCRCC is the presence of expansile nodules.

Li, et al., [4] concluded that these tumors were predominantly of a low nuclear grade irrespective of tumor size and TNM staging and suggested longer follow-up intervals to minimize unnecessary investigations. Nassir, et al. [6] defined MCRNLMP as a predominantly cystic lesion with neoplastic clear cells, probably a subtype of CCRCC having a benign clinical course. A comparative study between MCRNLMP and predominantly cystic CCRCC by Tretiakova, et al. [7] concluded MCRNLMP had uniformly good behavior and support ISUP recommendation for its non-carcinoma designation. In our case, on postoperative follow-up, the patient showed no evidence of recurrence or metastasis. Urologists should have an adequate understanding of this entity because we can adopt longer follow-up intervals for patients with this tumor to minimize unnecessary examinations and patient anxiety.

Conclusion

It is a rare subtype of CCRCC with low malignant potential and represents 2%-4% of all CCRCC cases. Most cases were detected incidentally and cannot differentiate from other cystic lesions by imaging studies. Histopathology as per WHO guidelines helps in definitive identification.

Irrespective of the TNM stage, they fall under low risk and no documented evidence of recurrence or metastasis after complete resection on follow-up. Proper understanding of this entity by urologists helps in reducing patient anxiety by adopting longer follow-up intervals and avoiding cumbersome imaging studies.

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