

How to Boost Immunity in Diabetic Patients to Defeat Covid19 via Internet

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Introduction:

Human being and other live creatures are exposed to various harmful microorganisms from the time they start their lives on the Earth. Some of these microorganisms are categorized as non-living viruses that get activated in one's live body. The COVID-19 pandemic, also known as the coronavirus pandemic, is an ongoing pandemic of coronavirus disease 2019 (COVID-19), caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The outbreak was first identified in Wuhan, China, in December 2019. The World Health Organization declared the outbreak a Public Health Emergency of International Concern on 30 January 2020, and a pandemic on 11 March. As of 18 June 2020, more than 8.36 million cases of COVID-19 have been reported in 188 countries and territories, resulting in more than 449,000 deaths; more than 4.09 million people have recovered, regarding the most recent data published by John Hopkins Medical University. Several Conventional Medicines including antibiotics, analgesics, corticosteroids like dexamethasone have been said and been tried without efficient effects to be confirmed as a routine conventional therapeutic protocol on the global scale. Tehran's Head of Coronavirus Committee announced about 90% of those affected in Tehran by covid19 have been found to be immune compromised hypertensive or diabetic people, on June 17 2020. Thus more than 463,000,000 people are at high risk because of their vulnerability to various infections including viral diseases like covid19 during the current pandemic state. The world has been trying to produce a conventional vaccine for a primary prevention act. However it is said to take as long as at least the middle of 2021. Cuba did homeopathic prophylaxis via high dilution homeopathic remedies for its nation during an endemic state due to endemic leptospirosis that had changed to an epidemic state in the country. It is doing the similar act for primary prevention during current pandemic in Cuba. India has announced officially to do homeoprophylaxis for its whole nation by the homeopaths and homeopathic physicians who live and work in the country. Iran asked its homeopaths to help conventional medicine physicians and experts to present secondary prevention services by using homeopathic remedies for inpatients at different hospitals. Dr.Hamid Fazel Behnam is doing a research study at Rasool Akram Hospital in Tehran on those

outpatients with covid19 who volunteer to receive homeopathic remedies to experience a complete cure. I have cured 9 covid19 patients suffering from various symptoms without diabetes mellitus online via internet.

Methods applied to heal my patients online

Due to the lockdown imposed in Iran and Turkey, the author has created on-line clinic via Instagram, has and announced his readiness to see patients suffering from various acute and chronic conditions including diabetes mellitus. Appointments are set for those who got interested in being seen online for at least a 3 month duration. Their case taking is done via Whatsapp .Except in one case who was seen in person in Istanbul on Feb.22 , the other cases were seen via whatsapp and their remedies were sent by pharmacist colleagues from Tehran to my patients. Their follow-up was done via weekly or every 2 to 3 other day text or voice reports they sent to me. If they didn't report, I would ask them to do so in a friendly manner.

Course of boosting diabetic patients' immune system:

I have been healing 5 new patients with diabetes type 2 and 2 people with diabetes type 1 since January 8th 2020, before the covid19 outbreak; none of my patients have been affected by covid19. One of my type 1 patients , an 18 year old Iranian student in Istanbul was seen on Feb.22nd and Natrium muriaticum , was selected as her constitutional remedy to be taken daily. After about 2 weeks of taking the remedy, she developed fever, sore throat and cough for about a week. Then she recovered from her cold like symptoms. When a person starts taking homeopathic remedies, she or he may develop cold like symptoms, because the immune system is triggered to be on alarm for any probable viral infection for a good fight against it. I became suspected to covid19 in my patient. Another patient with type 2 diabetes mellitus is a married lady aged 69 in Tehran. She has been under my healing process since the 23rd of Feb. 2020. Recently her husband called me up and reported of her cold like symptoms including fever of 38. C. cough and body ache. He was worried about covid19 infection in his wife. The next day she was seen by a general physician who sent

her to be tested for covid19. The test was negative, she got improved in a few days. Another type 2 patient, a married lady aged 58 years. Other patients have not reported any covid19 cold or flu like symptoms. The author believes homeopathic remedies empower the patients' immune system by increasing their T helper cells that fight against viruses. One of the patients with type 2 diabetes under insulin treatment, suffered from gangrenous ulcers in his both thumbs. Lycopodium 6x was prescribed for him as his proper constitutional remedy. After one month of taking the remedy his long acting lantus insulin was reduced by 15 units per night, with fbs of 80-110 and complete cure of both his gangrenous thumbs.

Conclusions:

While the world economic status faces a chaotic situation and recession due to the recent pandemic state due to covid19, more than 8.36 million people have been confirmed being afflicted by the disease and about half a million people have died, and people have been recommended to stay at home to prevent being infected and infecting healthy people, populations' mental health status has lowered significantly, suicidal thoughts have developed, anxiety disorders have raised badly and immune systems cannot be enhanced by using conventional drugs including antibiotics and dexamethasone and analgesics that all weaken one's immune system, and while no vaccines have been produced for public usage, Classical homeopathy has been announced to be done by giving Arsenicum Album 30c in India on a nationwide scale, Homeoprophylaxis is being done in Cuba for all people. Cuba accomplished a successful nationwide homeoprophylaxis against epidemic leptospirosis in 2007. More than 50 comatose patients have been survived by using homeopathic remedies in Iran. The author has shown efficacy and cure of 9 non-diabetic patients with covid19 and 7 diabetic patients have become immunized by constitutional homeopathic remedies in Turkey and Iran via internet during the current covid19 pandemic situation. Thus I suggest to all governments to consider Classical Homeopathy as the best solution for primary and secondary preventive healing by already tried homeopathic remedies.

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Sources:

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