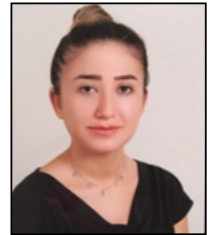


Evaluation of the adaptation process, culturalization and conflict solution approaches in migrated 18-65 years of individuals: A definitive study



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Abstract

These are distributed migrants to seek refuge in almost every region of Turkey. Immigrants living in metropolitan areas have difficulties in adapting to the cultural structure of the city. These challenges include access to health services and the ability to express themselves correctly. The aim of this study was to evaluate the adaptation processes, acculturation and conflict resolution approaches of immigrant individuals to determine their needs. The study was conducted with 281 Syrian immigrants between 18 and 65 years of age living in the Altındag district of Ankara. The data of the study were collected by "Informed Volunteer Consent Form", "Personal Information Form", "Interpersonal Conflict Resolution Approaches Scale", "Culturing Scale" and "Cross-cultural Adaptation Inventory". The collected data were analyzed using SPSS (IBM SPSS Statistics 24). According to the research findings, gender integration is the meaning in favor of women in confrontation dimensions. It was determined that the immigrants who participated in the camp were more shy than those who had never been in the camp. Likewise, working individuals behave more shyly than non-working individuals. When the conflict strategies are examined, it is seen that immigrants who are housewives are more assimilated than doctors; however, it was observed that the integration dimensions were high. Immigrants with good economic status in the country are more easily integrated into society. Migration is a difficult process for an individual, whether voluntary or compulsory. However, it has been documented in this study that a forced migration such as war causes psychological traumas for the individual. In this process, the healthy and sufficient micro level applications in the migrated region help the individual to survive the difficult process.

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Biography

Şenay Betül Ünal was born in Nevşehir/ Turkey. She studied in a foreign language high school. She is a graduate of Ankara University, Faculty of Health Sciences, Department of Nursing. In 2017, she started her master's degree at Ankara Yıldırım Beyazıt University, Department of Nursing, Mental Health and Diseases Nursing. As of 2014, I have been working various clinics. As a mentor nurse, she supported the clinical internship of the master's course during her graduate. She conducted a systematic study on the psychological problems faced by immigrants in the adaptation process in 2014-2019. She did a hands-on study on patients with schizophrenia. Also, while working in the intensive care clinic, I made a case report about the intensive care patient.



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