Evaluation knowledge of women’s regarding uterine fibroids at Zagazig University Hospital

Abstract

**Objective:** To evaluate knowledge of women’s regarding uterine fibroids at Zagazig University Hospital. Design: A descriptive study design. Setting: the study was conducted in the gynaecological department and the outpatient clinic of Zagazig University.

**Patients:** One hundred women diagnosed with uterine fibroids selected by a purposive sampling over one year. An interviewing questionnaire sheet was designed for data collection and brochure for counselling women with uterine fibroids. Interventions: The researchers explained the aim of the study for woman before collecting the data. They visited the setting of the study from 9 Am to 12 Pm for three days every week.

**Main Outcome Measures:** Women knowledge regarding uterine fibroids. Results: More than 53% of the women have been in the age group for more than 41 years, there was an average level of knowledge among the women suffering from uterine fibroids.

**Conclusion:** The majority of women had an average knowledge about uterine fibroids.

**Recommendations:** Design awareness program about improving knowledge of women with uterine fibroids through (sessions, orientation, refreshment courses, etc ...) Keywords: Awareness, Knowledge, Uterine fibroids.

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