

Early results of bidirectional cone sutures for mid-face lifting in Asian patients



Abstract

Background: There are intrinsic difference facial aesthetics between Asian and Caucasian, as well as racial differences in beauty standards. Bi-directional cones threads are effective in mid-face lifting but there was yet no study in Asians.

Objective: This study aimed to determine the effects on mid-face laxity the effect size of using bidirectional cone suture for facelifting in Asian patients. Methods: In this prospective study, three pairs of bidirectional cone threads were used for mid-face lifting in 10 healthy volunteers with mild-to-moderate facial laxity.

Results: The validated assessment parameters used in the study were the facial laxity rating scale (FLRS) to evaluate the severity of mid-face laxity and the wrinkle severity rating scale (WSRS) to assess the severity of the nasolabial fold (NLF). Overall, there was a substantial improvement in mid-face laxity and the NLF after thread lifting, supported by treatment effect size (Kendall W's value: 0.96 and 0.85, respectively). Significant improvements for both mid-face laxity and NLF were observed in all patients by 3 months ($p < 0.05$)

Publications

How to correct and prevent mid-face widening after using floating (or non-fixation) type polydioxanone thread-lift Kyoungjin Kang, MD, PhD, Sun Woo Lee, MS, Phoebe Kar Wai Lam, MBChB (Otago), MRCS (Edin), MScPDerm (Cardiff), J Cosmet Med 2020; 4(2): 96- 100

Periorbital changes in patients with Poly(Lactic Acid/ Caprolactone) threads for brow augmentation Phoebe Kar Wai Lam, MBChB (Otago), MRCS, MScPD (Cardiff), Wang Lung Luk, MBBS (HK), MScJ Cosmet Med 2020; 4(1): 29-35

Early results of bidirectional cone sutures for mid-face lifting in Asian patients, Phoebe Kar Wai Lam, MBChB, MRCS, MScPD, James Yui Lam, MBBS, MRCS, PGDIPCLINDERM, Edwin Kwan Chark Lau, MBBS, Wang Lung Luk, MBBS, MSc, FCOHK, FCSHK

A retrospective study on treatment of moderate cervicomenal laxity with subdermal monopolar radiofrequency with real-time monitoring, Kar Wai Phoebe Lam, MBChB, MRCS, PgDipSEM, DPD, MScDPD, J Cosmet Med 2018; 2(2): 109-114.

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Biography

She is an aesthetic medicine specialist with a lot of experience. Dermatology diploma from the University of Wales, Cardiff. Her main areas of interest are plastic surgery and laser body sculpting. She is fluent in both English and Chinese.

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