EDITORIAL

Diabetes Management

Complications of type-1 diabetes in reduced insulin production

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The pancreatic islets of Langerhans play a key role when in regulating metabolism of blood sugars. The β cells in islets of Langerhans monitor the blood glucose levels and secrete insulin as needed. Insulin successively triggers the uptake of sugar into cells. In patients affected with type 1 diabetes, these β cells are attacked and destroyed by the body's own white blood cells which means as an auto immune disorder.

Ovarian function and fertility are mostly regulated by the pituitary gland which is body's master gland, the Hopkins team began to seek out exactly how elevated insulin levels affect the pituitary gland of obese women to make them infertile. The scientists focused on a category of pituitary cells called gonadotrophs, which release Luteinizing Hormone (LH), critical for ovulation and fertility. They found that with an excessive amount of circulating insulin, the gonadotrophs of obese mice start elevating out large amounts of LH, thus disrupting ovulation.

■ Blood sugar

Blood sugar concentration, or glucose level, refers to the quantity of sugar level present within the blood of a person's. It highly regulates metabolic homeostasis.

Insulin

Insulin is a hormone which converts glucose, starches and other food into energy. Insulin which is secreted by beta cells within the islets of langerhans is used by cells to consume glucose to produce energy. The discharge of insulin from the pancreas is stimulated by increased blood sugar, vagal nerve stimulation, and other factors. Insulin is obtained from various animals and available during a sort of preparations.

Commercial insulin preparations differ in their purity, concentration, and solubility; and therefore they differ in the time of onset and duration of their biologic action. An oral hypoglycemic agent isn't a sort of insulin therapy.

These increase our knowledge about the function of adipose tissue. They show that the normal capacity of adipose tissue to insulin secretion is decided by the proportion and performance of a selected adipose cell subtype. This might have implications for diseases like obesity, insulin resistance and sort diabetes.

During its early stages, diabetes can affect the eyes before the changes are detectable with a daily clinical examination. New retinal research (ophthalmology research) has found that these changes are often measured before previously thought with specialized optical techniques and computer analysis.

The glycemic index (GI) rates how quickly different foods affect blood glucose levels and research has shown that low-GI foods, like vegetables, most fruits, pulses and whole grains, can help keep blood glucose levels steady and reduce the danger of heart condition in people with diabetes. False pancreas could soon help people living with diabetes and who also require kidney dialysis. This device can help patients safely and effectively manage their blood glucose levels and reduce the danger of low blood glucose levels

When a person has diabetes, their body either doesn't produce enough insulin or doesn't process blood glucose properly; at the basis of that's the failure of β -cells (beta cells), it is to supply the sugar-regulating hormone insulin.

