21st Century Orofacial Myology...Helpful for All Ages

Abstract
It has taken many years for the field of Orofacial Myology to think about treatment for infants. Most orthodontic concerns have not been addressed until pre-teen years or later, so most referrals to people in my field were, and still are made then.

Methods: I have spent fifty-five years working with all ages.
I began my career as a speech therapist in public schools working with patients who were physically and mentally impaired, ages two months through eighteen years. Using muscle activities to improve their lip tone, tongue posture, chewing, swallowing and breathing, orofacial myology seemed the most expeditious way to help to improve their quality of life. In my private practice I work with all ages to follow the same processes to improve all patients' quality of life.

Results: I will demonstrate the effectiveness of orofacial muscle exercise and activities through photographs, illustrations and testimonials.

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Biography
Sandra R Coulson is currently working as clinical Professor of Orofacial Myology in the University of Behavioral Health Sciences, Cheyenne, Wyoming USA