



# Topography of mental foramen in a selected Belarusian population according to cone beam computed tomography

**Objective:** The aim of this study was to access the most frequent location, shape and size of the mental foramen and individual variations of its topography among adult population of Belarus.

**Methods:** 117 randomly selected cone beam computed tomography scans from patients of dental outpatient hospitals of Minsk, Belarus.

**Results:** Mental foramen was most commonly located between the roots of lower premolars (57.7%) or in the projection of the lower second premolars root (33.8%). In 65.0% of patients the mental foramen was projected below the root apices, at a distance of  $3.2 \pm 1.3$  mm between them. In 29.5% of cases, the foramen was detected at the level of the projection line drawn through the root apex. The position of the mental foramen above the root apex was found in 5.6% of patients at a distance of  $2.2 \pm 0.8$  mm from the projection line. The distance between contralateral mental foramina fluctuated in the range from 44.1 to 57.6 mm. The mental foramen usually had an oval shape elongated in the horizontal direction (84.2%). In most cases (54.7%) the mental nerve canal started at the mental foramen level. In the second most frequent variation (29.1%) the canal started mesially to the mental foramen and directed backwards and upwards, forming an anterior loop.

**Conclusion:** Updating the individual topography of the mental foramen using cone beam computed tomography provides the effectiveness and safety of dental manipulations in anterior mandible.

**KEYWORDS:** cone beam computed tomography ■ mental foramen ■ anterior loop

## Introduction

The mental foramen (MF) is a topographic anatomical landmark for mental anesthesia in dentistry. It has an oval or circular shape and is located on the outer surface of the mandible on both sides off the midline at a one quarter distance between the profile projections of the mandibular symphysis and posterior edge of the ramus [1]. MF is the output point of the canal of the same name containing a neurovascular bundle.

The location of MF varies in a wide range in different ethnic and age groups as well as gender variations were observed [2]. For instance, among Mongoloids (Chinese and Malay subjects), the mental foramen is usually located apical to the lower second premolar [3,4] whereas in Caucasian subjects it is usually found between the mandibular premolars [5].

Injuries of mental nerve branches near MF may occur through a number of dental procedures, including extractions, endodontic

treatment of teeth; lower lip and chin soft tissue reconstruction surgery; bone fragment immobilization and dental implant placement [6-8]. Modern radiographic methods can be helpful in clarifying individual topography of the mental foramen *in vivo* and so preventing possible complications during or after treatment. The crucial benefit of cone-beam computed tomography (CBCT) is overcoming the limitations of conventional radiography by producing three-dimensional (3D) images that allow comprehensive evaluation of the anatomy of the chosen region [9].

The objective of the present research was to assess the most frequent location, shape, size and individual variations in topography of the mental foramen in adults using cone-beam computed tomography. This type of research has never been performed in the Republic of Belarus previously.

## Materials and Methods

This retrospective randomized study consisted

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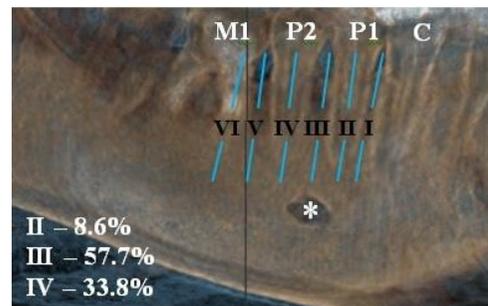
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of 235 CBCTs obtained from 2014 to 2016 at Minsk dental outpatient hospitals. Images were performed for different reasons such as dental implant planning, diagnosis of radiolucent lesions and temporomandibular joint disorders.

The CBCT scans were selected according to the following inclusion criteria: the presence of mandibular canines, premolars and the first molars on each side, visibility of MF, patient's age older than 18 year and younger than 60 years. The exclusion criteria consist of CBCT images with large pathological lesions in mandible and bone fractures in region of examination, lesions observed in the apical area of premolars and MF. According to our inclusion and exclusion criteria, the final sample group included data from 117 patients (61 males and 56 females). This work was approved by the ethics committee of Belarusian State Medical University, Minsk (record of meeting 03.12.2012 №2). All patients gave written consent after the purposes of the study were explained to them.

CBCT images were obtained by Galileos GAX5 scanner using standard settings (85 kV; tube current 5-7 mA; acquisition period 14 s; effective radiation time 2-6 s; voxel size 0.3\*0.3\*0.3 mm). Axial, sagittal, panoramic and formatted transverse tomograms were assessed as well as 3D



**Figure 1. Types of mental foramen location on cone-beam computed tomographic image in the horizontal plane (3D reconstruction).**

\* - mental foramen; C: canine; ∠1: first premolar; P2: second premolar; M1: first molar  
I=the center of mental foramen is located between the canine and the first premolar; II=the center of mental foramen is located at the root of the first premolar; III=the center of mental foramen is located between the first and second premolars; IV=the center of mental foramen is located at the root of the second premolar; V=the center of mental foramen is located between the second premolar and the first molar; VI=the center of mental foramen is located at the level of the first molar's mesial root

reconstructed images using GALILEOS Viewer (Sirona, Bensheim, Germany).

The center of MF in the horizontal plane (mesiodistal direction) was evaluated with respect to the lines drawn through the top of the root of the adjacent tooth parallel to the long axis or the line drawn through the middle of the distance between the roots of two adjacent teeth (FIGURE 1). According to Tebo and Telford's classification [10] there are six types of MF's center location: type I- the center of MF is located between the canine and the first premolar; type II - the center of MF is located at the root of the first premolar; type III - the center of MF is located between the first and second premolars; type IV - the center of MF is located at the root of the second premolar; type V - the center of MF is located between the second premolar and the first molar; type VI - the center of MF is located at the level of the first molar's mesial root.

The center of MF in the vertical plane was determined in relation to the apex of a corresponding tooth or horizontal line, drawn through apices of both neighbor teeth (premolars). There are three various locations of MF [11,12]: above the root apex (closer to the crown); at the level of the root apex; beyond the root apex. The projection line was measured from the upper or lower edge of the foramen in the patients with the first and second position respectively.

The vertical (a) and horizontal (b) diameters of MF were measured on sagittal and axial tomograms. There are three types of MF considering the shape and vertical/horizontal diameter relation: horizontal oval  $-(a/b > 1.24)$ , vertical oval  $-(a/b \leq 0.76)$  and round  $-(0.76 \leq a/b \leq 1.24)$  [13].

The position of the MF in relation to anatomical landmarks of the mandible was determined by the following morphometric parameters:

- MF-MF the distance between mental foramina (the distance between edges of foramina on the mesial surface of the labial cortical plate);
- AC-MB the distance from the alveolar crest to the base of the mandible;
- AC-MF the distance from the alveolar crest to the upper edge of the mental foramen;

- MF-MB the distance from the lower edge of the mental foramen to the base of the mandible;
- MF-A the distance from the upper edge of foramen to the horizontal line, drawn through the nearest root apex.

There are three categories of directional paths of mental canal [14]. The first category includes canals bending in the direction of the labial cortical plate at the MF level. The second category includes canals bending at a right angle at the level of a projection line drawn through the center of MF and then going vertically and laterally. The third category includes canals going to MF anteriorly and inferiorly and forming a loop [1]. In every case the shape of the mental nerve canal was evaluated by two independent observers who were trained and calibrated in visual CT-scan analysis by the certified specialist in radiology. The overall probability of random agreement was 0.83 ( $p < 0.05$ ) using Cohen's Kappa coefficient which presented a maximum possible agreement between observers.

The obtained data was analyzed using «Statistica 10.0» software package. The distribution was tested using Kolmogorov-Smirnov criterion. The difference significance

between the mean values of the studied parameters was tested by Student's t-criterion. All quantitative data was subject to the normal distribution law and presented as the mean (M), standard deviation (SD), minimum and maximum values. The Chi Square test was used to evaluate comparisons between qualitative data parameters.

According to literature data it is called anterior loop of the mental nerve [15], anterior loop of the inferior alveolar nerve [16]; or anterior loop of the mandibular canal [17]. Results were considered significant when the probability of faultless prognosis was 95.5% ( $p < 0.05$ ) [18].

### Results

Patients' average age was 32.6 years old (SD  $\pm 11.4$ ) and 77% of them were younger than 40 years of age.

MF was most commonly located between the roots of lower premolars (57.7%) or in the projection of the second lower premolars root (33.8%). Less often, the foramen was found in the projection of the first lower premolar's root (8.6%) (FIGURE 1 and TABLE 1). Mental foramen vertical position types I, V and VI were not observed. The location of MF in a horizontal plane did not always coincide on

**Table 1. Horizontal and vertical position of mental foramen in relation to the apices of roots of mandibular teeth.**

Horizontal position							
Location according to Tebo and Telford [10]	Overall n (%)	Right side n (%)	Left side n (%)	*p-value	Male n (%)	Female n (%)	*p-value
II	20 (8.6%)	7 (6.0%)	13 (11.1%)	0.23 ns	11 (9.0%)	9 (8.0 %)	0.78 ns
III	135 (57.7%)	65 (55.6%)	70 (59.9%)		70 (57.4%)	65 (58.0%)	
IV	79 (33.8%)	45 (38.5%)	34 (29.1%)		41 (33.6%)	38 (33.9%)	
Total	234 (100%)	117 (100%)	117 (100%)		122 (100%)	112 (100%)	
Vertical position							
Location according to Fishel et al. [11] and Green [12]	Overall n (%)	Right side n (%)	Left side n (%)	*p-value	Male n (%)	Female n (%)	*p-value
1	13 (5.6%)	6 (5.1%)	7 (6.0%)	0.77ns	5 (4.1%)	8 (7.1%)	0.36 ns
2	69 (29.5%)	35 (29.9%)	34 (29.1%)		36 (29.5%)	33 (29.5%)	
3	152 (65.0%)	76 (65.0%)	76 (65.0%)		81 (66.4%)	71 (63.4%)	
Total	234(100)	117 (100)	117 (100)		122(100)	112 (100)	

n: number of mental foramina

II=the center of mental foramen is located at the root of the first premolar; III=the center of mental foramen is located between the first and second premolars; IV=the center of mental foramen is located at the root of the second premolar

1=mental foramen is projected coronal to the apex of dental root; 2=mental foramen is projected at the apex of dental root; 3=mental foramen is projected apical to the apex of dental root

\* Comparison between male and female, right and left side assessed with the Chi square test, ns=not significant

Mental foramen vertical position types I, V and VI were not observed

the right and left side of the mandible in the same patient. Symmetrical localization of MF in the horizontal plane was found in 75 patients (64.1%). In the rest of the cases it was aligned at

different levels with respect to the roots of teeth (TABLE 2). It was located at the right lower second premolar level (47.6%) and between the first and second left lower premolars in 20 of 42 cases of an asymmetrical MF location.

**Table 2. Frequency of asymmetrical location of MF on the right and left sides of the mandible.**

	Right side	Left side	n
Location according to Tebo and Telford [10]	II	III	3 (7,1%)
	II	IV	1 (2.8%)
	III	II	10 (23.8%)
	III	IV	8 (19,1%)
	IV	III	20 (47,6%)
Total			42 (100%)

n: number of MF

II=the center of MF is located at the root of the first premolar; III=the center of MF is located between the first and second premolars; IV=the center of MF is located at the root of the second premolar

Mental foramen vertical position types I, V and VI were not observed

In the majority of patients the mental foramen was projected below the apices of roots (65%), (FIGURE 1 and TABLE 1) at a distance of  $3.2 \pm 1.3$  mm between them. In 29.5% of cases, MF was detected at the level of the projection line drawn through the apex of the root. The first position of mental foramen in the vertical plane (FIGURE 2) was less frequent (5.6%). In such cases, the foramen was found at a distance of  $2.2 \pm 0.8$  mm from the projection line (TABLE 3a).

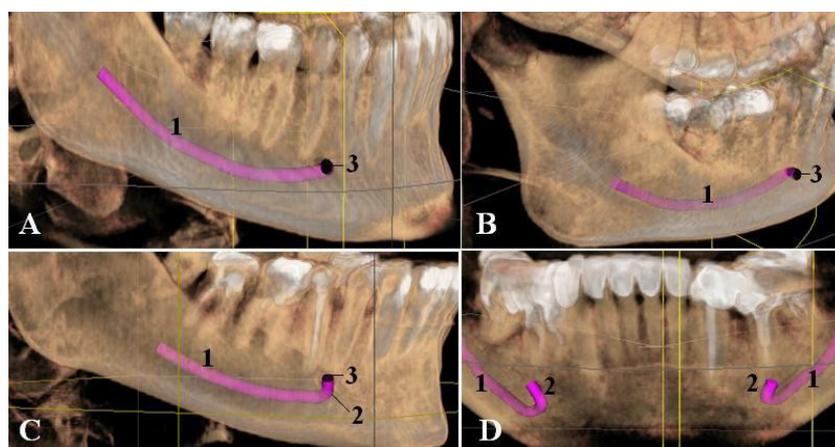
There was no statistically significant difference in the location of MF in the horizontal and vertical plane in men and women, as well as on the right and left side of the mandible in the analyzed cohort (TABLE 1).

The distance from the alveolar crest and the lower edge of the mental foramen to the base of the mandible was significantly greater in men than women, as well as the distance from the superior edge of mental foramen to the alveolar crest (TABLE 3b). The distance between contralateral mental foramina fluctuated in the range from 44.1 to 57.6 mm. The distance was significantly greater in men than in women ( $p < 0.05$ ).

The mental foramen usually had an oval shape elongated in the horizontal direction (84.2%)

**Table 3a. The distance (mm) from the mental foramen to anatomical landmarks of the mandible.**

Predictor	Mean $\pm$ SD (n=234)	Range
AC-MB	$28.9 \pm 2.9$	21.4-38.8
AC-MF	$13.0 \pm 2.2$	6.9-19.7
MF-MB	$13.0 \pm 1.5$	9.0-17.3
MF-A++	$3.2 \pm 1.3$	0.9-6.9
MF-MF	$50.5 \pm 3.2$	$44.1 \pm 57.6$



**Figure 2. Positional variations of the mental canal (cone-beam computed tomography, 3D reconstruction).**

1 – mandibular canal; 2 – mental canal; 3 – mental foramen

A, B – category 1 (mental canal bends at the level of the mental foramen in the direction of the labial cortical plate); C – category 2 (mental canal bends at the right angle at the level of a line drawn through the center of the mental foramen and goes initially straight up and then laterally); D – category 3 (mental canal begins below and anterior to the opening of the mental foramen and forms the anterior loop)

**Table 3b. The distance (mm) from the mental foramen to anatomical landmarks of the mandible related to the side and gender.**

<i>By side</i>					
Predictor	Right side (n=117) Mean ± SD	Range	Left side (n=117) Mean ± SD	Range	p-value
AC-MB	29.0 ± 2.8	23.2-36.2	28.8 ± 3.03	21.4-38.8	0.53 <sup>ns</sup>
AC-MF	13.0 ± 2.3	6.9-19.7	12.9 ± 2.13	8.5-19.0	0.72 <sup>ns</sup>
MF-MB	13.0 ± 1.6	9.0-17.1	13.0 ± 1.4	9.7-17.3	0.85 <sup>ns</sup>
MF-A	3.2 ± 1.3†	1.2-6.9	3.1 ± 1.4‡	1.1-6.1	0.87 <sup>ns</sup>
† n=76, ‡ n=101					
<i>By gender</i>					
Predictor	Male (n=122) Mean ± SD	Range	Female (n=112) Mean ± SD	Range	p-value
AC-MB	30.1 ± 2.7	21.4-38.8	27.6 ± 2.5	22.7-36.2	0.00*
AC-MF	13.4 ± 2.2	6.9-19.0	12.5 ± 2.1	8.4-19.0	0.00*
MF-MB	13.5 ± 1.4	10.1-17.3	12.4 ± 1.4	9.0-16.5	0.00*
MF-A	3.3 ± 1.3§	1.2-6.8	3.1 ± 1.3	0.9-6.9	0.65 <sup>ns</sup>
MF-MF	51.6 ± 3.3	45.3 ± 57.6	49.3 ± 2.8	44.1-57.1	0.00*
§ n=81,   n=72					

n: number of mental foramina

AC-MB is the distance from the alveolar crest to the base of the mandible, AC-MF is the distance from the alveolar crest to the superior border of MF, MF-MB is the distance from the inferior border of MF to the base of the mandible, MF-A is the distance from the superior border of MF to the level of roots (the horizontal line drawn through the root apex of the nearest tooth), MF-MF is the distance between two mental foramina (the distance between the mesial borders of MF on the labial cortical plate)

Groups (male and female, right and left side) compared using Student T-test. Significance at  $p \leq 0.5$ , ns=not significant, \*-significant

**Table 4. Shape of the mental foramen.**

Shape	n	%
Oval horizontal shape	197	84.2
Round shape	36	15.4
Oval vertical shape	1	0.4
Total	234	100

n: number of mental foramina

**Table 5. Shape of the mental foramen related to the side and gender.**

Shape	Right side		Left side	
	n	%	n	%
Oval horizontal	98	83.8	99	84.6
Round	18	15.4	18	15.4
Oval vertical	1	0.9	0	0
Total	117	100	117	100
Shape	Male		Female	
	n	%	n	%
Oval horizontal	100	82.0	97	86.6
Round	21	17.2	15	13.4
Oval vertical	1	0.8	0	0
Total	112	100	112	100

n: number of mental foramina

**Table 6. Morphometric measurements of the mental foramen related to side and gender.**

Gender/side/total	Mean ± SD	Range	P value
<b>Male (n=122)</b>			
Horizontal diameter (mm)	2.14 ± 0.47	1.38-4.76	p=0,00*
Vertical diameter (mm)	2.52 ± 0.53	1.45-4.27	
<b>Female (n=112)</b>			
Horizontal diameter (mm)	3.34 ± 0.77	1.5-6.54	p=0,00*
Vertical diameter (mm)	2.14 ± 0.47	1.38-4.76	
<b>Right side (n=117)</b>			
Horizontal diameter (mm)	3.61 ± 0.75	1.5-5.35	p=0,31 <sup>ns</sup>
Vertical diameter(mm)	2.38 ± 0.54	1.45-4.76	
<b>Left side (n=117)</b>			
Horizontal diameter (mm)	3.54 ± 0.91	1.92-7.1	p=0,46 <sup>ns</sup>
Vertical diameter (mm)	2.31 ± 0.53	1.38-3.53	
<b>Total (n=234)</b>			
Horizontal diameter (mm)	3.57 ± 0.83	1.5-7.1	
Vertical diameter (mm)	2.34 ± 0.53	1.38-4.76	

n: number of mental foramina

Groups (male and female, right and left side) compared using Student T-test, ns=not significant, \*- significant

**Table 7. Variations of the mental nerve canal pathways regarding the mental foramen.**

Options (By Demir et al. [14])	Right side n (%)	Left side n (%)	p-value	Male n (%)	Female n (%)	p-value	Total
1 <sup>st</sup> variation	61 (52.1%)	67 (57.3%)	0,37 <sup>ns</sup>	70 (57.4%)	58 (51.8%)	0,39 <sup>ns</sup>	128 (54.7%)
2 <sup>nd</sup> variation	19 (16.2%)	19 (16.2%)		19 (15.6%)	19 (17.0%)		38 (16.2%)
3 <sup>rd</sup> variation	37 (31.6%)	31 (26.5%)		33 (27.1%)	35 (31.3%)		68 (29.1%)

1<sup>st</sup> variation– the canal starts at the level of the foramen and goes in lateral direction

2<sup>nd</sup> variation – the canal starts at the level of the foramen and goes vertically upwards, then in lateral direction

3<sup>rd</sup> variation – the canal starts mesially (anteriorly) to the foramen and goes backwards and upwards, forming a loop

Groups (male and female, right and left side) compared using Chi square test, ns=not significant

and less frequently demonstrated round shape and oval shape elongated in a vertical direction (15.4 and 0.4%, respectively, TABLE 4). Shape of the MF regarding to side and gender presented in TABLE 5. The horizontal and vertical size was significantly greater in men than in women (TABLE 6) (p<0.05).

TABLE 7 presents variations found in the mental foramen and mental nerve canal position. In most cases the canal started at the level of the mental foramen. The second most frequent configuration of the mental canal included a starting point located mesially to the mental foramen and a loop formed by the canal

**Table 8. Unilateral vs bilateral presence of the anterior mental loop.**

Anterior loop	n (%)
Bilateral	19 (38.8)
Unilateral: left	12 (24.5)
Unilateral: right	18 (36.7)
All	49 (100)

n: number of patients

running backwards and upwards. In 16.2% of cases the mental nerve canal started below the MF, then went up and bent again in the lateral direction. There was no statistically significant

difference in the frequency of different mental canal position presence in men and women, as well as on the right and left sides. Symmetrical location of the mental nerve anterior loop was found in 38.8% of cases (TABLE 8).

## Discussion

For a long time, the anatomical dissection was considered as the main method of facial bone detailed structural analysis, allowing acquisition of more accurate information compared to radiographic images. In particular, MF cannot be always detected on dental images [19].

In recent years the cone-beam computed tomography which was implemented in practical public health services in the late XX has been found to be in great demand among dentists. Adequate spatial resolution, an ability to perform accurate measurements, a relatively small dose of radiation, as well as an absence of many shortcomings of traditional radiography allow to use this method to objectively assess the state of the maxillofacial skeleton and the whole dental system [20,21].

In the present study, MF was detected on both sides of the mandible in all examined cases using CBCT, the size was measured and the exact location of foramina was detected. Jacobs et al. [22] and Parnia et al. [23] also noticed good visualization and 100% detectability of MF on CBCT scans. Three-dimensional radiographic evaluation of MF in relation to the roots of the teeth is more detailed compared to the anatomical method, because the latter does not assess the degree of distal deviation of roots [20].

Our data shows that MF is generally located between the roots of lower premolars or in the projection of the root of the second premolar. The 3<sup>rd</sup> type of foramen location is also prevalent in a number of European populations (British, Polish, Swiss, Kosovo Albanians) [24-27]. Moreover, Gawlikowska-Sroka et al. [25] have reported that its position remained unchanged in the skulls of people who lived during the period from the 11<sup>th</sup> to early 20<sup>th</sup> century. The second frequent in occurrence is the 4<sup>th</sup> type of the foramen localization in the horizontal plane. Von Arx et al. [26] performed the study using CBCT in Bern, 3<sup>rd</sup> and 4<sup>th</sup> types were detected in 56% and 35.7%, respectively. In people of Bosnia and Herzegovina the 3<sup>rd</sup> type of MF location (between the roots of the lower

premolars) occurred in 20.3% of cases, while in 60.3% of cases it was detected at the level of the root of the second premolar [28]. In Spanish population MF was localized at the apex of the second lower premolar (4<sup>th</sup> class) in 57.9% of cases and between the second lower premolar and the first lower molar (5<sup>th</sup> type) in 25.3% of cases [29].

The average distance between the right and left mental foramina, according to our data, equals 50.5 mm. As shown in the literature, this distance ranges from 49.5 to 55.2 mm on the sectional material [30,31] and from  $46,5 \pm 5$  mm [32] to  $53,1 \pm 3.6$  mm [33] on CBCT tomograms. The distance between the mental foramen and the incisive canal length determine the width of the mandible bone graft, which can be taken in this field without damaging nerves and blood vessels [31].

The "Safe Zone" narrows in the presence of the anterior loop of the mental nerve. It is formed in cases where the nerve begins mesially to the mental foramen and then runs backward and upward. This type of the mental nerve pathway was found in 29.1% of cases. It was observed more often in women than in men (32% vs. 26%) and on the right than on the left (32% vs. 27%).

Similarly to data shown by Demir et al. [14], Prados-Frutos et al. [15], Couto-Filho et al. [34], de Brito et al. [35], the anterior loop was radiographically detected with a frequency of 7.7% to 59.5%.

According to the listed above findings the usual size of a bone block, which is harvested from the mandibular symphysis, has the height of 1-1.5 mm and width of about 4 cm [36].

Analyzing the MF position in the vertical plane, we found that more than in a half of the cases it is localized below the apices of the premolar roots. In most people of India (72.2%), Iraq (60.1%), Korea (62.5%) and Israel (61.6%) MF is also localized downward from the apices of roots of lower premolars/first molars [11,37,38]. The MF location upwards from the apex of molars roots is a predisposing factor to the complications in immediate implant placement [7]. Moreover, the proximity of premolars root apices to the MF may result in serious neurological complications of the apical periodontitis [39,40].

We have found that the mean distance between the edges of MF and the base of the mandible and alveolar crest is almost the same. Absolute values of those parameters falling within the range of variation presented in the literature. Summarizing information from twelve publications, von Arx [26] indicated that the distance from the MF to the base of the mandible and to the upper edge of the mandible was 12.0-15.6 mm and 15.5 to 16.6 mm, respectively.

Changes in MF position are genetically determined and primarily occur due to an increase in a mandible size. However, phenotypic differentiation of bones and their growth rate in postnatal ontogenesis are known to be influenced by several factors, including epigenetic effects, altering the expression of genes, and plastic effects of environmental factors [41]. Eating habits (food consistence) and the condition of structures surrounding the mandible were referred to the environmental factors, changing the rate of bone remodeling [42,43]. Renaud et al. [41] presented that muscular dystrophy caused reshaping of entire mandible, the rate of bone tissue remodeling changed in the area of molars and points of masticatory muscle attachment in response to changes in food consistency.

In the studied cohort we did not find any statistically significant difference in the topography of mental foramen in men and women comparatively to the roots of mandibular teeth. Those findings are consistent with the results reported in earlier studies which also found gender differences in the level of the foramen location in the horizontal and vertical planes [38,44-46]. However, Fujita and Suzuki [47] found that in Japanese men MF was located more often at the apex of the second premolar, whereas in women it was found mainly close to the second root of the second premolar or between apices of the second premolar and first molar.

We observed the gender difference in MF the linear dimensions, distance between two

foramina, and distance from lower edges of foramina to the base of the mandible. It felt in agreement with the data published by Muinelo-Lorenzo et al. [29] indicating that the diameter of foramina, square, and distance to the base of the mandible and alveolar crest are significantly bigger in men, than in women. But Verma et al. [48] stated that mean distance between two MF was also larger in men than in women. Listed above gender peculiarities in mental foramen topography are associated with the gender difference in the size of the mandible.

### Conclusion

As stated by the literature, the mean size of the mental foramen can vary in a wide range due to different measurement methods [26]. The data on the mean vertical and horizontal dimensions of the mental foramen that we have obtained falls into this range. In 15.4% of cases the mental foramen had a round shape, and in 84.6% it had an oval shape. As claimed by the literature, the incidence of oval foramina ranged from 56.6% to 83.4% [15,27,28,47,49,50]. However, in the analyzed cohort the oval horizontal shape foramina prevailed, supporting Verna et al. [48].

In the analyzed cohort, MF was projected onto a vertical line, drawn between premolars or through the root of the second premolar. Most often it was located symmetrically on both sides of the mandible. In typical cases MF was located downwards from the horizontal line connecting apices of roots of mandibular teeth and had an oval shape (the horizontal dimension prevailed over the vertical).

Some individual variants of mental foramen and nerve topography are unfavorable because of high risk of iatrogenic injuries. Such are the cases of localization of mental foramen above the apices of the roots of the mandibular teeth as well as the presence of the anterior mental loop.

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